



SECONDARY SCHOOL

EDO-P is designed to:

- Help students learn to reject appearance ideals
- Help students learn to be weight bias advocates
- Invite students and staff to create a body-positive school culture
- Provide prevention opportunities to reduce disordered eating
- Support students with disordered eating





POST SECONDARY INSTITUTIONS

EDO-P is designed to:

Promote wellness through individual skill building and campus-wide body positive culture

Help prevent disorder eating by reducing body dissatisfaction and the internalization of appearance ideals

Build capacity for early identification and support for students by way of professional training for student health services staff

Who could be involved:

- Students and Faculty
- Student Health Services including Peer Health Educators

